

DELI

Sandwich - made to order

Full Sandwich 6.99 Half Sandwich 4.99

Your choice of delicious deli meats, breads, cheese, lettuce, tomato, one of our many sauces and a pickle

Chicken Wrap

6.99

Choice of Grilled or Spicy Chicken

Choice of Jalapeno-Cheddar, Honey Wheat or Spinach Tortilla

Double Meat 2.00

Make your wrap vegan with Seasoned Jackfruit or Falafel

Vegetarian Burger

7.99

All sandwiches and wraps include your choice of chips, carrots or fruit

Breakfast Sandwich *Made to Order until 10:30am*

Choice of Ham, Sausage or Bacon with Eggs and Cheese

Croissant or Bagel 4.99

Egg and Cheese

3.99

Coffee

Hot Coffee

Small 2.99 Medium 3.49

Iced Coffee

Large 3.99

BOWLS

Protein Bowl

6.99

Brown Rice, Quinoa-Lentil Salad, Roasted Seasonal Vegetables, Beans

Southwest Bowl

Shredded Lettuce, Corn Salsa,
Pepper Jack, Salsa Verde,
Cilantro, Chipotle Ranch

Asian Bowl

Edamame, Asian Slaw,
Spinach, Korean BBQ,
Cilantro

Tortilla Bowl

Corn Salsa, Mexican Cheese,
Spicy BBQ Sauce, Lettuce,
Tortilla Chips, Smoky
Sriracha Mayo, Cilantro

Mediterranean Bowl

Cucumber Salad, Spinach,
Artichoke Hearts, Hummus,
Feta Cheese, Tzatziki

Double Protein + 2.00

Protein Options: Sriracha Chicken, Pulled Pork Carnitas, Braised Chicken, Seasoned Jackfruit, Falafel

Build Your Own Salad Bowl

\$.69 per oz