

Greens

New! **Baja Steak** 

12.59 | 7.99
Romaine, 100% grass-fed steak, black bean, corn, pickled onion, cotija, organic blue corn tortilla strips, avocado, creamy jalapeño lime dressing
CALORIES: 590 | 330

New! **Classic Caesar** 

8.99 | 6.49
Romaine, shredded kale, roasted grape tomato, cucumber, ciabatta croutons, asiago, vegetarian House Caesar
CALORIES: 700 | 350
Try with Steak (+\$4), chicken (+\$2), or tofu (+\$1)

New! **BYO Salad** 12.59

Build your own scratch-made salad. The same ingredients you know and love from our Chef curated salads are available for your choosing. Points for creativity!
CALORIES: VARIES



Chef's Pick


Farmer  

9.99 | 7.49
Mixed greens, roasted chicken, fruit, feta, corn, almond, champagne vinaigrette
CALORIES: 740 | 370

Thai Coconut   

10.49 | 7.49
Mixed greens, roasted chicken, sweet potato, toasted coconut, cucumber, pickled onion, cilantro, peanut mango dressing
CALORIES: 850 | 425



ADD Organic Tofu  **1.99 | .99** Sub for any protein for no additional charge
CALORIES: 150 | 75

Chef's Bowls

New! **Keto Salmon**  11.95

Sustainable smoked salmon, avocado, hardboiled egg, watermelon radish, red onion, arugula, sour cream, fresh dill, everything spice
CALORIES: 490



New! **Smoky Chicken**  10.95

Roasted chicken, warm heirloom rice, roasted sweet potato, citrus cabbage slaw, roasted cherry tomato, cotija, avocado tomatillo salsa, smoked crema
CALORIES: 740

Buddha Bowl    9.49

Organic sesame ginger tofu, warm organic heirloom rice, spicy roasted broccoli, carrot, citrus cabbage slaw, almonds, cilantro, peanut mango sauce
CALORIES: 600

Southwest Steak* 11.49

100% gress-fed steak, warm organic heirloom rice, corn, sweet potato, black bean, pickled onion, cotija, roasted tomato salsa
CALORIES: 870

FREESTYLE BOWL

warm heirloom rice, herb chimichurri, and choice of 2 sides

PICK YOUR PROTEIN



100% Grass-Fed Steak* 11.49
CALORIES: 490



Roasted Chicken 9.99
CALORIES: 380




Organic Tofu  8.49
CALORIES: 350

PICK 2 SIDES

Kale Garden Salad  

CALORIES: 350

Macaroni & Cheese 

CALORIES: 370

Greens & Asiago Salad  

CALORIES: 30

Fire Roasted Veggies  

CALORIES: 120

Organic Rice  

CALORIES: 300

Cup of Soup 

CALORIES: 160-180

À LA CARTE SIDES 2.50

Pizza

BBQ Chicken 10.49 | 6.49

Smoky BBQ sauce, roasted chicken, red & green onion, cilantro, whole milk mozzarella, fresh jalapeño
CALORIES: 950 | 475

Margherita  9.49 | 5.99

Fresh mozzarella, basil leaves, red sauce
CALORIES: 510 | 255

Cheese  9.49 | 5.99

Whole milk mozzarella, red sauce
CALORIES: 810 | 405

Bacon Corn 10.49 | 6.49

Cream sauce, sweet corn, all-natural bacon, whole milk mozzarella, basil
CALORIES: 1150 | 575

Pepé 10.49 | 6.49

Nitrate-free pepperoni, whole milk mozzarella, red sauce
CALORIES: 940 | 470

Sausage Pesto  10.49 | 6.49

Beyond Sausage® Italian Crumbles, pesto crème fraîche, 3 cheese blend, roasted garlic, pickled onion
CALORIES: 1220 | 610



GLUTEN-FREE CRUST 2.99 | 1.99
SUBTRACT CALS: 350 | 175

 **GLUTEN-FREE**  **DAIRY-FREE**  **VEGETARIAN**  **VEGAN**  **CONTAINS NUTS**

*These foods may contain undercooked eggs, meat, seafood, and/or shellfish. Consuming undercooked eggs, meat, seafood, and/or shellfish may increase your risk of foodborne illness.

Sandwiches



Chef's Pick

Chipotle Steak*

11.49 | 6.99

100% grass-fed steak, SPICY chipotle aioli, fresh mozzarella, arugula, tomato on ciabatta

CALORIES: 890 | 445

BLT+A 9.99 | 5.99

Bacon, basil aioli, avocado, tomato, arugula on sourdough

CALORIES: 840 | 440

Toasted Cheese 5.49

whole milk mozzarella, tomato, extra virgin olive oil on sourdough

CALORIES: 820

Basil Chicken 9.49 | 6.49

Roasted chicken, basil aioli, tomato, onion, provolone, arugula on ciabatta

CALORIES: 710 | 375

Blueberry Pesto 9.49 | 6.49

Fresh mozzarella, basil pesto, blueberry chia jam, tomato, arugula on ciabatta

CALORIES: 560 | 280

All Natural Chips

1.29

CALORIES: 180

Cookie 2.99

2.99

CALORIES: 170-190

Greens & Asiago Salad

2.49

CALORIES: 70

Kale Garden Salad

2.49

CALORIES: 70

Mac & Cheese

4.99 | 2.49

Cavatappi noodles, five cheese sauce: white cheddar, muenster, asiago, parmesan, whole-milk mozzarella

CALORIES: 750 | 370

Add Roasted Chicken +2.49

Soup

New! Tomato Basil

4.99

CALORIES: 180

Green Chili 4.99

CALORIES: 160



Breakfast All Day

lunch available after 10:00am



Chef's Pick

B-L-Toast 7.99

Avocado, sourdough toast, basil aioli, heirloom cherry tomato, arugula, all-natural bacon

CALORIES: 640

Everything Avo Toast* 8.49

Fresh avocado, sourdough toast, smoked salmon, dill, sour cream, red onion, everything spice

CALORIES: 400

Modern Avo Toast 4.99

Fresh avocado, sourdough toast, chili spice, green onion

CALORIES: 290

Basic Oatmeal 5.29

Steel cut oats, honey, fruit

CALORIES: 320

Super Berry Oatmeal 5.79

Steel cut oats, blueberry chia jam, Purely Elizabeth™ blueberry hemp superfood granola, toasted coconut

CALORIES: 440

Peanut Butter Banana

Oatmeal 5.79

Steel cut oats, peanut butter, banana, local honey

CALORIES: 570

Pearl Sugar Waffle 4.49

Blueberry chia jam, Belgian dessert waffle, powdered sugar

CALORIES: 410



GLUTEN-FREE TOAST 1.49

CALORIES: 140



ADD BANANA .99

CALORIES: 100

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HAVE A FOOD ALLERGY? Please let us know so we can take extra special care with your order.